

Welcome To Our Caliber Family



Welcome to the Caliber Cheer Starz competitive cheerleading program! We are excited that you are interested in joining our cheer family during our 13th season of competitive cheer! Our goal is to not only train highly competitive teams but to instill important life skills such as teamwork, commitment, time management, goal setting, etc. These are all important skills to our Caliber family that we feel make our athletes more prepared for their future, inside and outside of the cheer world.

We have enjoyed increasing success with each year that has gone by. This past season we won 2 NCA titles and all 4 teams that were brought to NCA were in the winner's circle!

This packet is designed to give each family the information necessary to decide if they are ready for the commitment that is required by Caliber Cheer. Please take the time to read this packet carefully and fully understand the financial/time commitment require.

We look forward to seeing you at tryouts!

Team Placements:

Athletes will be put onto teams based on age and skill level. The age requirements are dependent on the level/division of the team. The age grid is based on the USASF guidelines and is not determined by Caliber, but by the governing body. Tumbling, jumps, and stunts are all taken into consideration when placing an athlete on a team. At any point an athlete can be moved up or down a level if necessary.

After May 13th's tryouts, athletes will be placed into a work group based on their results. Please trust the process and know that the Caliber staff have each athlete's best interest in mind. On May 14th we will post on Facebook which work group to register your athlete for the month of May. Your athlete might be moved around during this month to find the best team for them, the week of May 15th you will be drafted a prorated amount of \$81 for the work group practices.

Parents will be notified of official team placements on June 3rd and that is when we will start our All-Star team and Prep/Novice team practices.

Tuition will be based on which team your athlete makes.

There are many things considered when placing athletes and forming teams.

Practices/Attendance:

All teams will have practice two times per week during the summer months. These practices will range from 12:00pm to 5:30 pm on Tuesday or Thursday during the summer months only. Teams will change in August to one weeknight and one 2hr Sunday practice each week. Extra practices are always possible, and practice times usually remain consistent throughout the entire season and only change under special circumstances.

First official team practices will be the week of June 5th.



Caliber Cheer Starz

All-Star Cost breakdown

Competitive cheer, while not as costly as some youth activities, can still be expensive. Before considering Caliber, please consider the financial commitment involved. During the 2023-24 season, there will be 12 monthly charges beginning June 2023 through May 2024. Tuition rates do not fluctuate from month to month. Tuition does not change based the number or length of practices in any month. Tuition as well as monthly fees will be auto drafted each month. **Absolutely no special arrangements will be made. Please carefully consider the financial responsibilities required before committing to the season.** The below prices are subject to change and do not include travel/lodging expenses at out-of-town events.

Monthly Tuition: All-Star: \$250 Prep: \$220 Novice: \$200

Other cost estimates:

- Choreography and music fee will be **Due May 24th (we won't know exact fee until closer to this date)**
 - All-Star: \$375
 - Prep: \$325
 - Novice: \$275
- Uniform \$450-\$600 varies by team **Due June 7th** (Uniform fittings is this day as well)
- Prep and novice will be using all-stars uniform from last season
- Practice wear will be around \$200
- Shoes must be purchased on your own, we will tell you the exact ones to purchase: \$125
- Program T-Shirt \$30
- Competition bow: \$45
- Coaches fee between \$200-\$250
- All-Star Competition fees are around \$1,200 per athlete (split into 4 payments)
- Prep/Novice Competition fees are around \$600 (split into 3 payments)
- Team photo fee around \$55
- USASF membership fee \$49 due to USASF in JULY
- Possibility of extra cost for end of season bid events
- **These fees do not include travel and hotel cost and some competitions will require us to book rooms through a housing company**

All-Star Competitive Team

The All-Star cheer program requires a **STRONG** time and financial commitment.

- Will practice 2 hours twice a week. One of their practices could be Sunday.
- We will attend 7-8 2-day competitions throughout the competitive season. Traveling outside of the Houston area, and possibly out of state.
- Mandatory team choreography camp will be held July 21st-23rd.

Novice & Prep Team

Novice and All-star prep teams are a great introduction into the sport of competitive cheer. They have reduced time and financial commitments. These athletes will learn a routine that includes tumbling, stunting, jumping, and dance just like our regular all-star teams. The difference is that their routine is shorter, and they will attend less competitions than our all-star athletes. Being on this team will give athletes exposure to a competitive atmosphere, while learning how to work together to achieve a common goal.

- Prep will practice for 2 hours per week and novice will practice 1 hour and 45 mins once a week.
- Attend 5-7 competitions
- Competitions will be mainly located in the Houston/Galveston area.
- Prep may attend NCA in Dallas.





Caliber Cheer Starz

2023-2024 Skill Grid

	Level 1	Level 2	Level 3	Level 4
Standing	-Front and Back Walkover -Valdez -Forward Roll -Multiple Walkovers -Handstand	-Back Walkover BHS -Valdez BHS -Walkover BHS Stepout Back Walkover BHS	-Standing BHS Stepout walkover BHS series -Multiple BHS -Jump BHS Jump BHS	-Standing Back Tuck -BHS Tuck -Jump To BHS Tuck -Jump To Series BHS Tuck
Running	-Cartwheel Back Walkover -Front Walkover Cartwheel Back walkover	-Front Walkover Round-off 2 BHS. -Cartwheel BHS	-Front Walkover to RO Tuck -Aerial -Punch Front -Front Walkover 2 to tuck	-Front Handspring Punch Front to Round-off BHS Layout -Whip TO Layout -RO BHS Whip Layout

Flyer position information:

Caliber will be requiring any flyer that is trying out to have all body positions including, left and right heel stretch (by the ear), bow and arrow, scorpions/needles on both legs. Strong flexibility is required, as well as body control. Participating in a flyer tryout does not guarantee a flyer position.

Tumbling information:

Athletes must have the required tumbling according to the level they are trying out for. This is extremely important so we can build the strongest teams possible. Consistency, and execution are factored in when trying out for you desired level. Any athlete trying out as a tumbler must show strong jump technique.

TEAM EXPECTATIONS

Choreography: is MANDATORY.

Competitions: Competitions are mandatory, and each athlete is expected to arrive fully dressed. Any athlete that misses a competition is subject to be removed from the program. Competition fees are NON-REFUNDABLE (Even if the athlete quits, removed, or becomes injured.)

Absences: All practices are mandatory. If there are planned vacations, please let the head coach of your team know several weeks in advance.

Below are the only excused absences from a competition

- Contagious illness (must bring a doctor's note)
- Death in family
- Or sever injury

Please know that if your athlete misses practice during the weeks prior to a competition... it may be unsafe for them to participate in the competition; therefore, in the sole discretion of the coaches your athlete may temporarily receive a reduced roll in the routine or may need to not participate.

Program Rules and Policies

Caliber has a high level of pride in our attitudes, work ethics, skills, and the way we treat others. It is required that all team members and parents to adhere to the rules that make us the best place to train athletes in both cheerleading and life lessons. Please read the following information before signing the form stating that both you and your athlete understand and will abide by all the rules and policies mentioned in this packet.

GYM CLOSURES/REVISED PRACTICES

- Memorial weekend: Closed May 28th and May 29th
- Father's Day June 18th: We will run a revised practice schedule this day
- July 4th: Closed on Tuesday July 4th
- Labor Day September 4th: Closed on Labor Day
- October Break (2nd-6th): revised practices 2nd and 3rd only
- Halloween: Revised practices this day
- No practice November 20th-26th unless called by the coach.
- Christmas: Revised practices will be held December 18th and 29th depending on competition schedule.
- February Break (5th-9th): MANDATORY
- March Break: Revised practices will be Sunday-Tuesday. Practices will start back on Sunday the 17th before school starts.

We are lenient over the October break and most holidays; however, practices are mandatory the entire month of February including February break. March break we are lenient depending on the competition schedule. Also, other than the breaks mentioned above, all practices are mandatory beginning in November as we enter competition season. Any absences during season may require mandatory stunt private lessons for the group stunt and/or pyramid that the missed athlete is involved in. Alternately if too many practices are missed it might require your athlete to sit out of the competition. This is for the safety of your athlete and the other athletes on the team.

Code Of Conduct

- No parents are allowed onto the floor or in the office unless invited by a Caliber Cheer Coach.
- Proper practice wear is required.
- Hair must always be in a ponytail.
- NO Jewelry allowed.
- All athletes must assume a role that is best suited for their team. This is a team sport, there is no position more important than the other.
- Tuition does not pay for the right to perform or compete. Failure to pay tuition by the 1st of each month will result in athletes sitting out of practice.
- Due to name and copyright protection, all clothing, bows, or any other item associated with Caliber Cheer must be approved by Casey Moore prior to purchase and/or distribution.
- Due to USASF rules concerning the safety and security of our athletes, no one other than competitors and staff are allowed in the warm-up area or competition floor at an event. Nor at any time approach the judges stand. Failure to adhere to these rules may result in forfeiting team placement.
- Due to the high importance of each practice, it is imperative that practice times take priority and not be withheld as punishment or coercion for behavior, grades, etc.
- As the competition season progresses, I understand that it is sometimes necessary for athletes to be moved from one team to another. This is the coach's prerogative to utilize each child's skills to his or her advantage of the team.
- I understand that if I quit or am removed from the program, I will not be entitled to a refund of any tuition, fees, uniform cost, or any other expenses associated with the gym or team.
- I understand that my account must be cleared (at a zero balance) at least seven working days prior to an event for my child to perform. This includes gym tuition, uniform, and competition fees.
- All parents and athletes within this program are expected to be strong representatives of Caliber Cheer and Rowland Ballard. Negative behavior by any team member or their parent may result in dismissal from the program. Bad attitudes, back-talking, rolling of the eyes, and any other form of disrespect to the coaching staff or other team members will be grounds for dismissal. As an athlete and a parent, you are expected to respect others.
- As a parent, I am aware of the time commitment and understand that my child must attend and be on time for all practices.
- I understand this is a 12-month commitment I am making. I will honor my commitment.
- I understand it is sometimes necessary for athletes to be moved from one team to another.
- I understand that competitive cheering is a huge commitment and will obey Caliber Cheer and Rowland Ballard's rules.

I understand and agree to this "code of conduct."

By registering at CALIBER, I am acknowledging that I have read and understand that 2023-2024 information packet and agree to abide by all guidelines set by CALIBER. I understand that failure to adhere to any of these policies will result in removal from the program with ZERO refund.

Athletes signature: _____

Parent signature: _____

Date: _____

CALIBER CHEER STARZ

TRY OUT FORM:

Athletes Name: _____

Age: _____

Date of Birth: _____

Parents Name: _____

Parents Email: _____

Circle the level you're trying out for:

Level 1 Novice

Level 1 Prep

Level 1 All-Star

Level 2 All-Star

Level 2 Prep

Level 3 All-Star

Level 4 All-Star