

ROWLAND/BALLARD - Kingwood

PRESCHOOL GYMNASTICS

Facility Administrator: Kevin Reiland (Safety Certified)

The proper foundation for great fun and awesome gymnastics begins at Rowland/Ballard. R/B provides gymnastics instruction in all Olympic events for boys and girls. Our gymnastics program is based on a proven progressive training system with set skills designed for each level. Our state of the art facility is loaded with great equipment and a professionally trained staff. Our coaches strive to maximize the benefits for each child by balancing all the elements of enjoyment, discipline, and increased self-esteem right along with skill development. We have been teaching children gymnastics for over 40 years!

CLASS REGISTRATION: All students must register through our online PARENT PORTAL. The anniversary registration fee covers each student's participation in all Rowland/Ballard programs for 12 months, and is non-refundable.

Regular Tuition: \$115.00/ Month (1 Hour) - **\$97.00/ month** Parent/Child **Anniversary Registration Fee:** \$50
STUDENT REGISTRATION PROCESS: We are proud to offer our customers 2 ways to register for classes.

REGISTRATION OPTION 1 (Preferred Method): Our mobile app is available on Apple's App Store and also on Google Play. Download the Rowland/Ballard app on your mobile device, then choose a location, a program, and away you go. This easy step-by-step enrollment process makes signing up for classes a breeze. The app will work on any mobile device and allows families to navigate through our programs and will also let us communicate directly with you about emergency situations and/or unique program opportunities.



Download our app today!

REGISTRATION OPTION 2: Visit www.rowlandballard.com and click the PARENT PORTAL activation link. You will then see 4 options to consider for class registration. Simply click the location and program you wish to enroll. Follow the online prompts and complete your registration profile form.

NEED HELP?

Call our front desk if you have any questions or issues during registration!

PROGRAM CLASS DESCRIPTIONS: These classes consist of fun and challenging developmentally appropriate gymnastics skills and movements, while utilizing all of our gymnastics equipment! Rowland/Ballard is the perfect place to develop confidence, try new things, and meet new friends!

PARENT - CHILD (18 MOS. – 3 YRS): Continued exposure to the gymnastics equipment with an introduction of the basic body positions and gymnastics skill terminology. An adult must attend class with the child.

AGE 3-4: Preschool Gymnastics: Designed transition class for the young child to attend class without a parent. The focus of this class is on beginning gymnastics skills, body positions, and terminology. Children in the 3 year old class **MUST BE POTTY TRAINED**.




AGE 5-6: Junior Gymnastics: Focus on specific skill development thru developmentally appropriate progressions for all gymnastics events.

KINDERSTARS: Advanced and Intermediate Kindergym class used to teach USAG (United States Gymnastics) skills and routines. These programs are by invitation and tryout only.

TUMBLING CUBS: This class has been specifically designed for our younger tumblers ages 5-7.

MAKE-UP CLASSES: Can be rescheduled for any missed classes due to family vacations or other summer activities. All make-ups must be scheduled at least 24 hours in advance. "NO SHOWS" count as your make up.

KINGWOOD LOCATION: Preschool Gymnastics (AGES 2 - 4)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 – 10:45 Parent/Child
10:00-10:45 Parent/Child Gymnastics	10:00 – 11:00 Academy	10:00 – 11:00 Academy (Boys)			11:00 – 11:55 Preschool Gymnastics
	11:00-12:00 Academy	11:00-11:55 Preschool Gymnastics			
12:00 -12:55 Preschool Gymnastics	12:00-12:55 Preschool Gymnastics				
4:30-4:25 Preschool Gymnastics	3:30-4:25 Preschool Gymnastics	4:30-4:25 Preschool Gymnastics	4:30-4:25 Preschool Gymnastics	5:30-5:25 Preschool Gymnastics	
5:30-5:25 Preschool Gymnastics	5:25-5:25 Preschool Gymnastics		5:30-6:25 KINDERSTARS		
6:30 – 7:25 Preschool Gymnastics	6:30– 7:25 Preschool Gymnastics	6:30 – 7:25 Preschool Gymnastics	6:30 – 7:25 Preschool Gymnastics	7:00PM – 9:30PM FRIDAY FUN GYM	
Friday Fun Gym – MUST be at least 4 years old to attend!					

ARRIVING AND DEPARTING: Students are asked to remain in the observation area when arriving for their class. An instructor will call for them when it is time for the class to begin. Parents are asked to remain in the observation area at all times. We also ask parents to accompany their child to the restroom before class begins.

CLASS ATTIRE: Boys - Gym shorts and t-shirts (no socks, jeans, belts, zippers or front snaps)
Girls - Leotard, any color or style: no footed tights or jewelry. (No sports bras/crop tops)
Hair - Hair must be securely fastened away from the face.

Preschool OPEN GYM: Are you ready for a quiet lunch with friends? Let us help by providing a fun place for the kids to have a great time. All Rowland/Ballard students (ages 3 - 5) are invited to attend our Friday Kindergym Open Gym. This supervised event is loaded with gymnastics, games, and special contests.

* \$10.00 for all registered students.

* The guest fee is \$20.00 with a completed and signed participation form.

FRIDAY FUN GYM 7:00 - 9:30: Parents, you've worked all week and you're ready for a date night. Let R/B help by providing a fun place for kids to have a great time. All Rowland/Ballard students (ages 4 and up) are invited to attend Friday Fun Gym. This supervised event is loaded with gymnastics, games, and special contests.

* \$25.00 for all registered students and unregistered students.

**Unregistered students will need to create an account at rowlandballard.com or download the app.